



PRESS RELEASE

RELEASE DATE: IMMEDIATE

WHO: Blendz, LLC
WHAT: Red Ribbon Week – Lexington Elementary
WHEN: October 19, 2006
WHERE: Los Gatos, CA

Since the late 80's, Red Ribbon Week is recognized by many schools nationally as a week dedicated to emphasize saying no to drugs and alcohol. It's a week where all children are armed with the knowledge that they have the power to say no and make the right decisions to growing into healthy, drug-free adults. Lexington Elementary in Los Gatos, put a fun twist to Red Ribbon Week and added "Making Nutritional Choices" to the week-long theme.

On Thursday, October 19th, the 4th & 5th grade students at Lexington had special guests from Blendz give an interactive presentation on making healthier food choices relating to the updated Food Pyramid based on the needs of children. 2006 NPC (National Physique Committee) California Overall Figure Champion Mona Liza Reyes (Events Manager for Blendz) had a lively presentation that all 50 students took part of. Not only was making healthier food choices the topic, but being active and most importantly having fun. Blendz is also a proud food sponsor of the Annual Silicon Valley ½ & Full Marathons, 5k and Kids Races. Blendz of Los Gatos provided smoothies for all students and faculty who attended the presentation. Blendz Los Gatos is located at 81 West Main Street, crossing University Avenue. Hours of Operation, Monday – Saturday: 9am – 7pm, Sunday: 9am – 5pm.

Blendz, LLC

Blendz is a quick-service restaurant that features tossed-to-order salads, grilled panini sandwiches, blended smoothies, and delicious gourmet hot soups. Unlike traditional fast-food restaurants whose menu is based on fried food or stale environments, Blendz combines a healthier faire with the speed and convenience that customers demand. Based on the success of its Bay Area restaurants, Blendz is now offering franchise opportunities beginning in the Western US. For additional information, please visit www.blendz.com or call 866.4.BLENDZ.

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